

## (フィールドレポート February 1. 2026)

大雪は落ち着いて、先週後半から週末にかけては、比較的穏やかな日々だったが、依然として上空には強い寒気が居座っていて気温は低く、したがって雪質はとても良い。

上空 5,500m は  $-36^{\circ}\text{C}$  の寒気で、これは大雪を降らせるポテンシャルを持っている寒気！

気圧配置は縦縞の冬型で、等圧線が広がってだわんだ所（主に積丹半島沖の日本海）に低気圧ができて、上空の寒気と相まって降る雪。等圧線が広がっているので風は弱く、低気圧降雪の反発のあるニセコらしい雪が降っている。

今朝までに山で降った雪は約 20 cm で、風の影響のなく斜面はリセットされフラット、とても良いコンディションであった。



本日夕方から夜（22:00頃）までの 6 時間で約 15 cm の降雪があり、これから朝にかけて更に日中も降る見込み。先週の大雪ほどの降雪ではないが、この気象条件はしばらく続く見込み。今週もいい雪を滑れるでしょう！

それにしても、遭難救助のニュースが多く連日 News で放映されている。人の付けたシュプールを追って行けば何処か安全な場所に着くだろうという考えは危険！山に入る時は必ず、自分のいる場所の位置確認をしましょう。

今週は始まったばかりだが、上空の寒気の影響で今週更に積雪量が増える見込み。ただし

先週の大雪のような降り方はしないでしょう。ただし山に入る時は深い雪への注意と自分のいる場所の位置確認は常に行いましょう。そして何より安易に人のシュプールを追わないことが大事。雪は深くで良い！

### (Field Report: February 1, 2026)

The heavy snowfall has eased, and from the latter half of last week through the weekend, conditions were relatively calm. However, strong cold air still remains aloft, keeping temperatures low. As a result, the snow quality remains excellent.

At 5,500 meters, temperatures are around **-36°C**, which indicates cold air with strong potential to produce heavy snowfall.

The pressure pattern is a classic north–south winter type. Where the isobars spread and dip—mainly over the Sea of Japan off the Shakotan Peninsula—low-pressure systems form, combining with the cold air aloft to bring snowfall. Because the isobars are widely spaced, winds are generally weak, and Niseko is receiving its characteristic low-pressure snowfall with good rebound and light, dry snow.

By this morning, approximately **20 cm of new snow** had fallen in the mountains. With little wind effect, slopes were well reset and flat, offering very good conditions.

From this evening through the night (until around 22:00), about **15 cm of snowfall** is expected over a six-hour period, with further snowfall continuing into the morning and throughout the day. While this will not be on the same scale as last week's heavy snowfall, these weather conditions are expected to persist for some time. We should continue to enjoy great snow throughout this week.

That said, there have been many mountain rescue incidents recently, frequently reported in the news. The idea that following someone else's tracks will eventually lead you to a safe place is dangerous. When entering the mountains, always confirm your current location.

Although the week has just begun, snowfall is expected to continue increasing due to the cold air aloft. However, it is unlikely to fall in the same intense

manner as last week. Still, when traveling in the mountains, always be cautious of deep snow and continuously check your position. Above all, avoid blindly following other people's tracks.

The snow is deep—and that's great—but safety always comes first.